



# CLINICAL FELLOWSHIP

**Endocrine and  
Diabetes Program**



UNIVERSITÉ CÔTE D'AZUR 

**NICE UNIVERSITY  
HOSPITAL**

## THE NICE UH DEPARTMENT OF DIABETOLOGY AND ENDOCRINOLOGY

### INTRODUCTION

Nice University Hospital (UH) Endocrine and Diabetes Fellowship Program is designed to provide advanced training and clinical experience for the trainee to acquire sufficient knowledge, skills and attitudes required by a subspecialist physician in this field.

Our program aims at preparing physicians to provide excellent and comprehensive health care to patients with type 1 and type 2 diabetes. Fellows will be trained through teaching, modeling and promotion of commitment to service, personal integrity, clinical competency, effective interpersonal communication, collaboration with patients, family and other health care professionals and the pursuit of activities, and with a solid foundation in these principles, to provide effective medical care to patients within any and all future health care delivery systems.

*NB: Any stipulation in the fellow's contract with Nice University Hospital takes precedence over any information contained in this handbook.*



With an active patient population numbering 3000, the Nice University Hospital Department of Diabetology and Endocrinology is a referral center providing care for adult patients with type 1 and 2 diabetes. The Department of Diabetology and Endocrinology also specializes in gestational diabetes, treating 300 patients with this condition each year. Likewise, it plays a highly important role in obesity management, providing follow-up care each year for 250 new patients who have undergone major surgery.

The innovative infrastructure in place on the Archet 2 hospital site means that the Department is able to offer excellent treatment and care in a patient pathway combining economic efficiency, care quality, and flexible therapeutic methods.

**The full hospitalization service** has 26 beds for patients over 17 years old, admitted for scheduled or emergency procedures. Scheduled admissions are the opportunity to make extensive assessments and update patient knowledge about their illness and its treatment, by means of individual or group therapeutic education sessions. These sessions are run by a trained multidisciplinary team with over 30 years' experience in the field.

**The diagnosis and treatment facilities** are where patients are seen for single appointments or outpatient care. Coordinated cross-disciplinary consultations can also be held here. In particular, these facilities contain a pedicure and podiatry clinic, a dressing's clinic, a physical activity room, and all the equipment required to screen for the complications arising from diabetes.

**Management of gestational diabetes** is carried out in close cooperation with the Women and Infant Unit, and places strong emphasis on prevention; this is achieved by means of therapeutic education sessions carried out primarily in groups.

# GOALS AND OBJECTIVES

## GENERAL GOALS

The goal of the Endocrine and Diabetes Subspecialty fellowship Program is to train Fellows through excellence in educational instruction and teach them performance skills based on the international guidelines requirements.



### Major Goals for Year One of the Fellowship

1. Learn the basic principles of diabetes biochemistry, physiology and pathophysiology which provide the basis for understanding metabolic disorders, including diabetes.
2. Begin accumulating a critical mass of fundamental information and gain practical approaches for the diagnosis, management and prevention of diabetes in adults.
3. Acquire knowledge and gain skills necessary for the critical analysis of the endocrine and diabetic literature.
4. Understand basic concepts of practice management, medical economics, performance measures and continuous quality improvement.
5. Develop an appreciation for the importance of self-directed life-long learning.
6. Identify an area of research interest and begin background work for a project in that area.

In general, expectations are as follows, depending on the demonstrated ability:

- Fellow should have first contact before attending for most encounters.
- Fellows will be expected to discuss all evaluations and significant treatment plans with a supervising attending prior to implementation.

### Major Goals for Year Two of the Fellowship

1. Conduct scholarly research in Diabetes. This includes a quality improvement project and a primary research project.
2. Expand knowledge and experience in basic and advanced diabetes biochemistry, physiology and pathophysiology which provides the basis for understanding metabolic disorders, including diabetes.
3. Expand knowledge and experience in processing fundamental information and practical approaches metabolic disorders, including diabetes.
4. Complete quality improvement and primary research projects.

In general, expectations are as follows, depending on the demonstrated ability:

- Fellows will have first contact for all clinical encounters
- Fellows initiate evaluation/treatment plan.
- Fellows review/discuss diagnostic evaluation and treatment plan with supervising attending within 24 hours and revise, as needed.

Réalisation : Direction de la Communication et de  
la Culture - CHU de Nice

Couverture : création www.ops2.com

Maquette : Leclerc Communication

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